

# multiplyvineyard™

## HEALTH SERIES

### Participant Guide

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### KEY QUOTE

*“Leadership is given by Christ and the purpose is to serve and equip the body. Those gifts are given so the body of Christ is healthy.” — Michael Gatlin*

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# *Session One: Becoming A Healthy Church Planter*

## **Session One Overview:**

- 1.1 Leadership Comes from the Leader's Life
  - 1.2 The Inner Life of a Leader
  - 1.3 Moving toward Health
  - 1.4 Five Areas a Healthy Church Planter Leans Into
- Total Session Time: 2-2.5 hours

### **Learning Outcome:**

- You will gain insight into how to become and remain a healthy leader.

## Leadership Comes from the Leader's Life

Who is someone who has influenced you?

What is one way that you would personally like to influence others?

What are you currently influencing others toward?

What about your life and relationships is worth exporting to the rest of the community?

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## The Inner Life of a Leader

Can you identify any wounds you have received that might hinder your ability to lead well?

## Listening to what God is saying

How does this verse speak to you, particularly in thinking about leading others?

## Moving toward Health

Have you learned to be aware of how you are feeling and reacting in emotionally charged situations?

Have you learned to identify what “triggers” negative emotions or sinful reactions in you?

Can you identify any patterns in your life that need to be broken? What are they?

How willing are you to embrace and admit your limitations?

Are you content with the level of openness and honesty in your current church?



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What needs to change for your church to be a safe place for people to talk about their real weaknesses? – Or – What makes your church a safe place to deal with weaknesses?

Is there anything that needs to change inside of you personally to welcome an open environment where weaknesses are lovingly addressed?

## Five Areas a Healthy Church Planter Leans Into

Which of the 5 important areas for organizational health do you get the most excited about developing in your church: Evangelism, Church Growth, Leadership Development, Activity of the Holy Spirit, or a Good Quality Public Service?

How is your personal track record in that area? Is it something you currently model in your personal life?

What might be a next step for you to develop skill in that area?

Can you identify pastors that you can learn from whose churches do well in that area?

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# Session Two: Healthy Church Growth

## Session Two Overview:

2.1 Healthy Stages of Church Plant Development

2.2 Key Issues for a Church of 0-50

2.3 Key Issues for a Church of 50-100

2.4 Lessons from Moses and Jethro

2.5 Evaluating Church Health

2.6 Primary Reasons Church Plants Failed

Total Session Time: 2.5 hours

### Learning Outcome:

- You will gain insight into how to handle key issues church planters face as their church develops.

## Key Issues for a Church of 0-50

What excites you about this size of a church?

What do you see as the major difficulties for you in this size of church?

### KEY QUOTE

*“As a leader, a pastor, a church planter, remember this; intimacy with Jesus is the thing that people need. Outside of Christ, we have nothing to offer them.” — Michael Gatlin*

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## Key Issues for a Church of 50-100 - John 12:24-26

How does this passage of Scripture speak to you right now?

How might you use this passage in speaking to your team?

## Lessons from Moses and Jethro

What are some pains of not having enough structure when leading a large group of people?

What are some benefits in having an effective structure when leading a large group of people?

Who is someone good at delegating that you can learn from?

## Evaluating Church Health

How would you describe a healthy church? This could be in paragraph form, a list, a diagram, or any original way you would want to describe it.

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## Primary Reasons Church Plants Failed

What is one of the areas of failure (or a trait that is found in a number of them) that you are susceptible to?

What is a strength that you have that is going to help you succeed?

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# *Session Three: Launching Leaders*

## **Session Three Overview:**

3.1 Identifying New Leaders

3.2 Recruiting New Leaders

3.3 Training New Leaders

3.4 Deploying New Leaders

3.5 Monitoring New Leaders

3.6 Nurturing New Leaders

Total Session Time: 3.5 - 4 hours. Extended session, 5 hours)

### **Learning Outcomes:**

- You will grasp that in order for your church plant to be healthy, you must raise up healthy new leaders, this will be outlined in the model of Identifying, Recruiting, Training, Deploying, Monitoring, and Nurturing (IRTDMN).

## Identifying New Leaders

What ministry opportunities are available at your church for new Christians or new members in order for them to learn and demonstrate these qualities?

## Recruiting New Leaders

How does vision casting help inspire people to serve? How does clarifying expectations help people feel good about serving?



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Think of a ministry need at your church.

- How might you cast vision in order to recruit someone into that ministry?
- What would a simple job description look like?

## Training New Leaders

Evaluate where you are in the Discipleship Loop. (see the booklet *Launching Leaders* for more details on each step)

Which step best represents where you are presently?

What do you think your next step is to move forward in the discipleship loop?

What culture of training do you want to develop in your ministry and church?

## Deploying New Leaders

Usually we are prone to make one of two mistakes: either we don't take enough time with people to coach them along so we release them too soon, or we keep them under our leadership too long and don't release them soon enough.

- Where might you fall on the balance between the two extremes?

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- How would you expect the Holy Spirit to be at work in this process?

Do I tend to be more people-oriented or task-oriented?

## Monitoring New Leaders

Have you ever been “monitored” in your leadership development? If so, what was this experience like, and what do you want to learn from it? If not, who might you go to for feedback on how you’re doing?

Have you had opportunity to monitor others? If so, what have you learned from it? If not, who might you be able to encourage in their responsibility?

What monitoring skills do you need to hone?

Have you ever had the opportunity to participate in a “360 Review” where someone’s leadership was being evaluated? What can you learn from that experience? Why are “360 Reviews” so helpful even though they are intimidating?

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## Nurturing New Leaders

Out of these important aspects of nurturing, which come most naturally to you? Which will you need to be deliberate in learning how to do?

- Get in contact with God's call on their life
- Develop genuine friendship with them
- Help them get connected to God as their primary caregiver
- Remind them that what they're feeling isn't abnormal when leadership gets difficult
- Take time to highlight the positive
- Let them know you believe in them and their ability to hear God
- Be liberal and extravagant with your praise; sincerely compliment them
- Give credit where credit is due
- Remind them that the ministry they are doing is never more important than they are

## THANK YOU

*Thank you for completing the Multiply Vineyard Health Series  
To take another course, go to <https://multiplyvineyard.org/courses/>.*

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