

Formation of the Inner Life

VICPR-0010

Course Credits:

3 Semester Units

Course Professor:

Your Local Vineyard Pastor & Michael Gatlin - Multiply Vineyard National Coordinator

Course Description:

This course, Formation of the Inner Life, is the first of four courses in the Residency+ Program. It is designed to be an introduction to core concepts of spiritual formation needed for a healthy vital spirituality and a lifetime of ministry. Students will be led through each session by their facilitating local pastor who may add supporting material or assignments to the course when necessary.

Course Aims:

This course aims to lay a foundation of spiritual formation for students who are seeking to develop as leaders within the context of their local Vineyard church.

Course Learning Outcomes/Objectives:

- Students will develop a deeper awareness and experience of embracing their identity in Christ.
- Students will be introduced to the value of and begin to practice specific spiritual disciplines.
- Students will learn historic spiritual formation concepts and apply them to their lives.
- Students will develop a greater degree of personal self-awareness.
- Students will know what a biblical leadership development journey entails, and assess where they are on that journey.

Course Structure:

Below you will find an outline of this course. All assignments are to be completed by the time you arrive for the session they are listed in. Course books are the student’s responsibility to purchase. All other curriculum, reading, and assessments are provided in the Vineyard Institute Online course though My.Vineyardinstitute.org.

Week:	Session:	Assignments:
	Quarter Begins	<ul style="list-style-type: none"> Monday, Sept. 10th, 2017: Course opens for students
1 & 2	Session 1 - Embracing Who you are in Christ	<ul style="list-style-type: none"> BOOK: “Surrender to Love” by Benner PDF: “Reading on the Run” by Clinton PDF: “Assessment Rubric”
3 & 4	Session 2 - Spiritual Disciplines	<ul style="list-style-type: none"> BOOK: “Sacred Rhythms” by Barton PDF: “Ignatian Spirituality” by Nathan Quiz #1 (Due: 11/18/18)
5 & 6	Session 3 - Self Awareness	<ul style="list-style-type: none"> BOOK: “Start Here” Chapters 1-11 by Williams PDF: Enneagram Overview PDF: “The Sixteen Types” by Keirse PDF: “Teams that Thrive Not Just Survive” SELF ASSESSMENTS: <ul style="list-style-type: none"> Myers Briggs DISC Enneagram Quiz #2 (Due: 11/18/18)
7 & 8	Session 4 - Discover Intensive	<ul style="list-style-type: none"> BOOK: “Start Here” Chapters 12-20 by Williams PDF & VIDEO: Multiply Vineyard Discover Intensive Quiz #3 (Due: 11/18/18)
9 & 10	Session 5 - Pastoral Balance & Self Care	<ul style="list-style-type: none"> BOOK: “Preventing Ministry Failure” by Wilson & Hoffman - Introduction, Foundations Stones 1 & 2 (p. 1-99) VIDEO: Res+ Webinar Recording: Healthy Flourishing PDF: Consolation Desolation Defined PDF: Indifference Disordered Attachments ASSIGNMENT: End of Quarter Reflection Paper (Due: 11/18/18)
10	Quarter Closes	<ul style="list-style-type: none"> Sun. Nov. 18th, 2018 - All assignments must be completed.

Course Book List & Resources:

Course books are the student's responsibility to purchase. All other curriculum, reading, and assessments are provided in the Vineyard Institute Online course through MyVineyardinstitute.org.

Surrender to Love: Discovering the Heart of Christian Spirituality

May 28, 2003

by David G. Benner

<http://www.amazon.com/Surrender-Love-Discovering-Christian-Spirituality/dp/0830823026>

Sacred Rhythms: Arranging Our Lives for Spiritual Transformation

March 10, 2006

by Ruth Haley Barton

<http://www.amazon.com/Sacred-Rhythms-Arranging-Spiritual-Transformation/dp/0830833331>

Start Here: Kingdom Essentials for Christians

October 6, 2006

by Don Williams B.Div. Ph.D

<http://www.amazon.com/Start-Here-Kingdom-Essentials-Christians/dp/0830742972>

Preventing Ministry Failure: A ShepherdCare Guide for Pastors, Ministers and Other Caregivers

October 11, 2007

by Michael Todd Wilson, Brad Hoffmann

<http://www.amazon.com/Preventing-Ministry-Failure-ShepherdCare-Caregivers/dp/0830834443>

Course Assessment/Grading:

In addition to course readings, video, and audio material. Students will be expected to complete 3 quizzes and 1 end of the quarter reflection paper throughout this course.

Quizzes

Students will be expected to complete 3 quizzes throughout the quarter. Each quiz will be 10-15 questions in length. Our quizzes are for the purpose of keeping students accountable to completing the assigned readings for each session. This means that each student will have passed each quiz prior to arriving to the session with their pastor to discuss the material. Students will be able to take the quiz as many times as they wish until they pass the quiz. Completing these prior to meeting with your pastor will create an expectation that all students can deeply discuss the materials assigned with your pastor and fellow students.

End of Quarter Reflection Journal:

The reflection journal assignment is for the purpose of processing the material that you have learned during the quarter. Students will be expected to complete one reflection journal prior to end of the quarter. Online submissions will be accepted at the provided dates above and online. All journal entries should be submitted in paper to our senior pastor and online via myVI. Students are given direction for the content of their reflection journals via the rubric below. Reflection journals should connect the reading and assignments to spiritual formation and development as a leader.

Reflection Journal Expectations:

1. Students will complete one reflection journal prior to the end of the quarter.

2. All reflection journals should be a minimum of 2000 words in length and should not exceed 2500 words in length.
3. Reflection journals should connect to assignments, readings, the work that they are doing in the Residency+ Program, and their involvement in the local church.
4. Students should use pertinent quotations from readings and cite those in their reflection journals. In text citations should include author and page number. Example: (Barton, 47).
5. Reflection journals must be submitted in Word (.docx), Pages (.pages), or PDF (.pdf) formats.
6. All Journal entries must include the following:
 1. Student Name: (Ex. Your Name)
 2. Facilitating Pastor's Name: (Ex. Your Vineyard Pastor)
 3. Local Church Name and City: (Ex. Your Vineyard Church - Your Town, USA)
 4. Date of Submission: (Ex. November 1st, 2015)
 5. Title: End of Quarter Reflection Journal: Course Name (Ex. End of Quarter Reflection Journal: Formation of the Inner Life)

Reflection Journal Assessment:

Reflection journals will be assessed based on the student's ability to communicate the concepts in assigned readings and how they are impacting their own spiritual growth and leadership development. Below is the rubric that articulates how reflection journals will be assessed.

Grading:

Student reflection journals will be graded using the above rubric on a Pass/Fail scale. Submissions will be accepted online until the dates above in the course structure. Submissions after the indicated dates will not be accepted. Students will be graded on a Pass/Fail basis for all Residency+ courses. Credit will then be transferred to VI without a numerical GPA.

Dimensions:	Insufficient (Failing)	Competent (Pass)
<p>Knowing: <i>Reflection shows specific knowledge of content being presented in course assignments</i></p>	<ul style="list-style-type: none"> • Reflection misrepresents the authors' arguments, evidence, and/or conclusions. • No quotations from assigned readings. • Length of reflection is less than 2000 words and/or significant grammatical errors. 	<ul style="list-style-type: none"> • Reflection grasps key concepts that the authors arguments, evidence, and/or conclusions. • Appropriate use of multiple quotations that show comprehension of reading material. • Reflection is clear, readable, and with minimal errors.
<p>Being: <i>Reflection shows specific experience of how course and church involvement is impacting spiritual life with Christ</i></p>	<ul style="list-style-type: none"> • Reflection minimally identifies how relationship with Christ is impacted by course materials. • Reflection does not show how course content is impacting student's identity. 	<ul style="list-style-type: none"> • Reflection identifies how relationship with Christ is impacted with specific personal examples. • Reflection shows how course content is producing more self awareness and identify development with specific examples.
<p>Doing: <i>Reflection shows specific actions, practices, and habits where student is engaging in and developing as a leader</i></p>	<ul style="list-style-type: none"> • Reflection does not comment on how actions, practices, and habits are being formed. 	<ul style="list-style-type: none"> • Reflection comments on how actions, practices, and habits are being formed with depth and connection to leadership development.

Course Policies:

Student Communication

We desire to communicate clearly with you. We also want to provide an opportunity for you to connect with other students. Here are our communication methods:

Course Announcements/Email: Course announcements will be posted by Multiply Vineyard and Vineyard Institute staff on my.vineyardinstitute.org and will be sent to student's email.

Course Forum:

This forum will be our space to wrestle with the content that we are working through in our local churches together with pastors and church planters across the USA who are joining in the program. Our hope is that each student will be able to provide 1 substantive post and 1-2 responses to other's posts each week as they go through the course. This will help to create a dialogue for all of our students. These posts are in addition to student reflection journals, however, content from reflection journals could be posted in the forum as well for others in the program to see.

Forum posts can consist of:

- Quotes, questions, and analysis from the reading assignments.
- Questions about leadership and church planting for the whole program.
- Stories of how Jesus is working in your local context.
- Examples of how you are putting this learning into practice in your local church.

Technical Support/Communication:

For technical support for the on-line classroom, please use the Help tab, and click “Contact Staff” to fill out a ticket. This will ensure that your question is routed to the correct person to answer your question in the most efficient manner.

Application Fee

New Students will be charged a \$50.00 one-time non-refundable application fee. This fee is separate from the tuition amount and your application will not be processed without it.

Tuition Fee

Tuition for each Residency+ Course is \$200 per quarter. During enrollment, course registration and fees are due. Choose "Registration" from the "Courses" menu to register, select course(s) and pay tuition online (VISA or MasterCard accepted). Note: Students are not considered to be enrolled in courses until tuition is paid.

Other Fees

Books are not included in the cost of tuition. These costs will vary each quarter.

Refund Policy

If you withdraw from VI within the first seven days of the start of the quarter, you will receive a full refund of your tuition. After seven days there is no refund.

Course Withdraw Policy

Students can opt to withdraw from the course if they chose to do so prior to the end of the quarter close date. Students who withdraw from the course will receive a “W” on their VI transcript which does not impact their VI GPA. Students will not receive a refund for the course after the Add/Drop date during the first week of each quarter.

Residency+ Program Overview

This Residency+ Program courses must be taken in order as our curriculum builds on itself throughout the year. Please make sure you are registering for each course prior to the start of the new quarter. Below is an overview of the program courses.

Course 1	Course 2	Course 3	Course 4
<i>Formation of the Inner Life</i>	<i>Discovering Vision & Values</i>	<i>Reaching, Connecting, and Building People</i>	<i>The Practical Concerns of Doing Church</i>